

2021 Oregon Spring Camp Health & Safety Agreement

(Adapted from materials created by NENSA, UVM skiing, & PNSA)

The virus that causes COVID-19 is highly contagious. It is possible to develop and contract COVID-19, even when individuals follow all the safety precautions & guidelines recommended by the CDC and Oregon Health Authority (OHA). XC Oregon is following all applicable coronavirus guidelines issued by the local, state and national health professionals to reduce the spread of infection. However -- by engaging in ski related activities -- Camp participants, Camp coaches, and all respective contacts can never be completely shielded from all risk of exposure or illness caused by COVID-19.

As a condition of my participation in the 2021 Oregon Spring Camp I hereby agree to the following from the first to last day of my participation in 2021 Camp activities:

- Follow physical distancing guidelines (6 feet of distance and limitations on gathering in a common location).
- Wash my hands often with soap and water for at least 20 seconds and/or use hand sanitizer whenever in contact with public or shared surfaces.
- Stay home and not attend any XC Oregon event day if I feel, or have been sick in the past 10 days. I will use CDC/OHA guidelines for illness symptoms. I recognize that I will receive a full refund for any day that I opt out of the Fall Camp due to illness or development of symptoms.
- Stay home if I have been exposed within the past 5 days to a person who is sick or has tested positive for COVID-19.
- At the venue, wear a face covering over nose and mouth when not exercising.
- Keep my clothing/belongings clean/sanitized. Not share personal items.
- Follow all directions given by event organizers, displayed on venue signage, registration and information pages for events this season.
- Follow more specific requirements as provided by specific venues.
- Complete any national, state, or local quarantine and/or testing requirements prior to or upon arrival to the event region.
- Monitor for the symptoms of COVID-19 and report to a medical professional if I experience fever of 100.4 F (38 C) or higher, cough, difficulty breathing, chills, repeated shaking with chills, muscle pain, headache, sore throat or loss of taste or smell, or other symptoms related to COVID-19.

- Promptly report any known or potential exposures to COVID-19 to Spring Camp administration during or within a 5 day period after my last Camp session. Further, I agree to participate fully and honestly in contact tracing to determine whom I may have potentially exposed to COVID-19.

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As more information is gathered and known about COVID-19, the state of Oregon, Deschutes County, the City of Bend, and/or Camp venues may modify the required health and safety practices outlined above. I understand it is my responsibility to keep apprised of these changes to protect myself and the broader community.

I have read, understand, and agree to comply with the “Spring Camp Health & Safety Agreement.” I also acknowledge that this Agreement is a condition of my ability to participate in the 2021 Spring Camp and utilize our various venue host facilities. My failure to comply may result in my immediate removal from these venues and/or may affect my ability to continue participating in the Oregon Spring Camp.

Participant Signature(s):

Printed Name(s): _____

Date: _____

For Minor (in addition to Participant signature above):

Parent/Guardian Signature:

Printed Name(s): _____

Date: _____